

YWCA Girls Circle

Name: _____ Date: _____

Location: _____ Town: _____

Test Type:

- Pre-Test Post-Test Evaluation

Gender Identity:

- Female Male Other

Age: _____

Grade:

- Kindergarten First Second
 Third Fourth Fifth
 Sixth Seventh Eighth
 Ninth Tenth Eleventh
 Twelfth

Would you describe yourself as:

- Asian American Indian/Alaskan Native Black or African American
 Caucasian/White Native Hawaiian/Other Pacific Islander More Than One Race
 Unknown

Ethnicity:

- Hispanic or Latino Not Hispanic or Latino

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		Does Not Apply	Strongly Agree	Agree	Disagree	Strongly Disagree
1.	I participate in sports, activities, or hobbies that I love.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2.	I like going to and participating in school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3.	I feel good about my body.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4.	I don't smoke tobacco.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5.	I don't drink alcohol.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6.	I tell adults what I need.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
			Not True	Hardly True	Moderately True	Exactly True
7.	I always manage to solve different problems if I try hard enough.		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8.	If someone disagrees with me, I can find a way to work out the problem.		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9.	When an unexpected thing happens, I am confident that I can deal with it successfully.		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10.	When something stressful happens, I can stay calm and figure out how to deal with it.		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11.	If I am in trouble, I can usually think of a solution.		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12.	I can usually handle whatever comes my way.		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13.	I consider myself a good friend.		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14.	I do not criticize or judge others, especially in a hurtful way.		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15.	I enjoy my family and spending time with them.		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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	Not True	Sometimes True	Usually True	Always True
16. I could share what I was thinking in Girls Circle	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17. I could ask Girls Circle leaders for help.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18. Everyone respected me in Girls Circle.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19. Girls Circle was fun.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20. No one shares each others' secrets (or gossip) in Girls Circle.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>