

**Too Good for Drugs and Violence
7th Grade Questionnaire**

First Name and Last Initial: _____ **Date:** _____

School: _____ **Teacher:** _____

Test Type:

- Pre-Test Post-Test Evaluation

Gender Identity:

- Female Male Other

Age: _____

Grade:

- Kindergarten First Second
 Third Fourth Fifth
 Sixth Seventh Eighth
 Ninth Tenth Eleventh
 Twelfth

Would you describe yourself as:

- Asian American Indian/Alaskan Native Black or African American
 Caucasian/White Native Hawaiian/Other Pacific Islander More Than One Race
 Unknown

Ethnicity:

- Hispanic or Latino Not Hispanic or Latino

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1. Makers of tobacco and alcohol products spend money on advertising in order to

- convince you to buy their products
- promote romance and adventure
- show people how to have fun smoking and drinking
- help young people become more popular

2. Rachel was taken to the emergency room because she was exhibiting symptoms of anxiety and irritability, wasn't eating or sleeping and could not calm down. The doctor determined she had taken a prescription stimulant that was not hers. A prescription drug is safe to take when

- found in the family medicine cabinet.
- given by a close friend.
- used as directed with a doctor's prescription.
- used to get high.

3. Who should set your goals?

- Your friends
- You
- Advertisers
- Your teacher

4. Many cigarette smokers keep smoking when they know smoking is unhealthy because they

- are bad people.
- want to be unhealthy.
- are addicted, making it hard to quit smoking.
- are independent, successful, popular, romantic and adventurous.

5. Which of these statements about THC, the chemical in marijuana, is true?

- THC diminishes short-term memory.
- THC has no serious effect on development.
- THC can improve eyesight.
- THC enhances concentration and balance.

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6. Someone in Stage 4, or the Regular Use stage, of addiction will experience what, when trying to quit smoking?

- Cravings
- Headache
- Irritability
- All of the above.

7. What is the legal age for drinking alcohol in the United States?

- 18
- 20
- 21
- 19

8. Which of the following statements is a fact about marijuana?

- Smoking marijuana is a good way to solve your problems.
- Marijuana changes the way the brain works.
- Marijuana is safe because it is all natural.
- Marijuana slows the heart rate to help someone relax.

9. A person who smokes cigarettes is more likely to suffer from

- liver disease.
- diabetes.
- poor short-term memory.
- heart disease.

10. Al K. Hol expected alcohol to help him have the confidence to dance with Emily. Instead, he ended up making a fool of himself, getting sick, and missing the baseball tryouts. What negative consequence(s) of drinking alcohol did he experience?

- Loss of short-term memory
- Loss of self-control and poor judgement
- Damage to his reputation
- All of the above

11. The Active Listener

- makes eye contact, interrupts, and thinks of what to say next.
- makes eye contact, asks clarifying questions, and has attentive posture.
- makes eye contact, asks clarifying questions, and is texting someone else
- looks away, interrupts, and thinks of what to say next.

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12. Which of the following is not an important part of setting and reaching a goal?

- Name a reachable goal.
- Set a date for reaching your goal.
- Ask someone else what your goal should be.
- Say, "I can" reach the goal.

13. Terry wanted Robbie to smoke a cigarette. He said, "I don't smoke. Don't you know there are dangerous chemicals in tobacco smoke?" Which of the following is not a carcinogen found in tobacco smoke?

- Arsenic
- Formaldehyde
- Nicotine
- Saccharine

14. It is important for young people to know how advertising works so they

- can get jobs in an advertising company.
- will only buy products they really want and need.
- will buy tobacco and alcohol products.
- can prevent lung cancer and heart disease.

15. Which of the following is a good reason not to drink alcohol? Drinking alcohol

- keeps the teenage brain from developing fully.
- can cause alcohol poisoning.
- can keep you from reaching your goals.
- all of the above.

16. Drinking alcohol can cause

- poor vision and hearing.
- poor decision making.
- death.
- all of the above.

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17. Which of the following statements is true? Smoking marijuana

- | | |
|--|---|
| <input type="radio"/> could cause you to forget things. | <input type="radio"/> is safe because marijuana is natural. |
| <input type="radio"/> is less harmful than smoking cigarettes. | <input type="radio"/> is something most kids do in middle school. |

18. Which of the following is most likely to help you get what you want in life?

- | | |
|-------------------------------------|--|
| <input type="radio"/> Peer pressure | <input type="radio"/> Goal setting |
| <input type="radio"/> Advertising | <input type="radio"/> All of the above |

19. The assertive speaker

- | | |
|--|--|
| <input type="radio"/> stands tall, makes eye contact, and speaks in a confident tone | <input type="radio"/> stands tall, makes eye contact, and talks quietly. |
| <input type="radio"/> stands tall, makes eye contact, and uses an aggressive tone. | <input type="radio"/> slouches, makes eye contact, and talks quietly. |

20. Which of the following is a good reason not to chew tobacco or use dip?

- | | |
|------------------------------------|--|
| <input type="radio"/> Bad breath | <input type="radio"/> Yellow teeth |
| <input type="radio"/> Mouth cancer | <input type="radio"/> All of the above |