

Too Good for Drugs and Violence 6th Grade Questionnaire

First Name and Last Initial: _____ Date: _____

School: _____ Teacher: _____

Test Type:

- Pre-Test Post-Test Evaluation

Gender Identity:

- Female Male Other

Age: _____

Grade:

- Kindergarten First Second
 Third Fourth Fifth
 Sixth Seventh Eighth
 Ninth Tenth Eleventh
 Twelfth

Would you describe yourself as:

- Asian American Indian/Alaskan Native Black or African American
 Caucasian/White Native Hawaiian/Other Pacific Islander More Than One Race
 Unknown

Ethnicity:

- Hispanic or Latino Not Hispanic or Latino

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1. Who should set your goals?

- | | |
|------------------------------------|------------------------------------|
| <input type="radio"/> Your friends | <input type="radio"/> You |
| <input type="radio"/> Advertisers | <input type="radio"/> Your teacher |

2. Many cigarette smokers keep smoking when they know smoking is unhealthy because they

- | | |
|---|---|
| <input type="radio"/> are bad people. | <input type="radio"/> want to be unhealthy. |
| <input type="radio"/> are addicted, making it hard to quit smoking. | <input type="radio"/> are independent, successful, popular, romantic and adventurous. |

3. Which of the following statements is true? Smoking marijuana

- | | |
|--|---|
| <input type="radio"/> could cause you to forget things. | <input type="radio"/> is safe because marijuana is natural. |
| <input type="radio"/> is less harmful than smoking cigarettes. | <input type="radio"/> is something most kids do in middle school. |

4. Carlos has noticed that Michael has not been coming to the gym lately. He also noticed that Michael is dazed, has sores around his mouth and is uncoordinated. He can't even pull himself up the rocks when they go rock climbing. Michael has been abusing what substance?

- | | |
|---------------------------------|--------------------------------|
| <input type="radio"/> Vitamins | <input type="radio"/> Steroids |
| <input type="radio"/> Inhalants | <input type="radio"/> Tobacco |

5. Makers of tobacco and alcohol products spend money on advertising in order to

- | | |
|---|--|
| <input type="radio"/> convince you to buy their products. | <input type="radio"/> promote romance and adventure. |
| <input type="radio"/> show people how to have fun smoking and drinking. | <input type="radio"/> help young people become more popular. |

6. "Everybody does it" How true is this statement? What percentage of kids your age use alcohol?

- | | |
|----------------------------|---------------------------|
| <input type="radio"/> 100% | <input type="radio"/> 65% |
| <input type="radio"/> 0% | <input type="radio"/> 14% |

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7. Which of these statements about THC, the chemical in marijuana, is true?

- THC diminishes short-term memory.
- THC has no serious effect on development.
- THC can improve eyesight.
- THC enhances concentration and balance.

8. What is the legal age for drinking alcohol in the United States?

- 18
- 20
- 21
- 19

9. Which of the following is a good reason not to chew tobacco or use dip?

- Bad breath
- Yellow teeth
- Mouth cancer
- All of the above

10. Which of the following statements is a fact about marijuana?

- Smoking marijuana is a good way to solve your problems.
- Marijuana changes the way the brain works.
- Marijuana is safe because it is all natural.
- Marijuana slows the heart rate to help someone relax.

11. The assertive Speaker

- stands tall, makes eye contact, and speaks in a confident tone.
- stands tall, makes eye contact, and talks quietly.
- stands tall, makes eye contact, and uses an aggressive tone.
- slouches, makes eye contact, and talks quietly.

12. A person who smokes cigarettes is more likely to suffer from

- liver disease
- diabetes
- poor short-term memory
- heart disease

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13. Which of the following is not an important part of setting and reaching a goal?

- Name a reachable goal.
- Set a date for reaching your goal.
- Ask someone else what your goal should be.
- Say, "I can" reach the goal.

14. Which of the following is a good reason not to drink alcohol? Drinking alcohol

- keeps the teenage brain from developing fully.
- can cause alcohol poisoning.
- can keep you from reaching your goals.
- All of the above

15. The Active Listener

- makes eye contact, interrupts, and thinks of what to say next.
- makes eye contact, asks clarifying questions, and has attentive posture.
- makes eye contact, asks clarifying questions, and is texting someone else.
- looks away, interrupts, and thinks of what to say next.

16. It is important for young people to know how advertising works so they

- can get jobs in an advertising company.
- will only buy products they really want and need.
- will buy tobacco and alcohol products.
- can prevent lung cancer and heart disease.

17. Tommy's mom told him to be careful with his new bike and not bring it home looking like a pretzel. When he arrived at the park, the other kids wanted him to jump the ramp they built. They called him a chicken, a wimp, and a lame-o. To prove them wrong, he jumped the ramp. Unfortunately, he crashed his new bike. Why did Tommy jump the ramp?

- He wanted his bike to look like a pretzel.
- To rebel against his mom.
- He gave in to peer pressure.
- To see if he could make the jump.

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18. Which of the following is most likely to help you get what you want in life?

- | | |
|-------------------------------------|--|
| <input type="radio"/> Peer pressure | <input type="radio"/> Goal setting |
| <input type="radio"/> Advertising | <input type="radio"/> All of the above |

19. On their way to grab a couple of burgers, Dan and Javon ran into a friend who was walking to a Party. He invited them to tag along, but he mentioned that there might be drugs. Dan and Javon didn't want to take any chances, so they decided to avoid the party after all. What peer-pressure refusal strategy did they use?

- | | |
|--------------------------------------|-------------------------------------|
| <input type="radio"/> Make an excuse | <input type="radio"/> Broken record |
| <input type="radio"/> Steer clear | <input type="radio"/> Say no |

20. Drinking alcohol can cause

- | | |
|--|---|
| <input type="radio"/> poor vision and hearing. | <input type="radio"/> poor decision making. |
| <input type="radio"/> death. | <input type="radio"/> All of the above |