

**CATCH My Breath
Youth e-Cigarette Prevention Program**

School: _____ **Subject/Class:** _____

Teacher's Name: _____ **Date:** _____

Test Type:

- Pre-Test Post-Test Evaluation

This survey asks questions about your knowledge and experiences with e-cigarettes. Read each question carefully and pick the answer that is most true for you. This is not a test and there are no right or wrong answers. Your answers are private and will not affect your grades in any way.

Gender Identity:

Age: _____

- Female Male Other

Grade:

- Kindergarten First Second
- Third Fourth Fifth
- Sixth Seventh Eighth
- Ninth Tenth Eleventh
- Twelfth

Would you describe yourself as:

- White Black or African American American Indian or Alaska Native
- Asian Native Hawaiian or Other Pacific Islander Other

Ethnicity:

- Hispanic Non-Hispanic

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The questions below are about cigarette smoking. Questions in this section do not include e-cigarette use.

1. Have you ever smoked a cigarette, or any other kind of tobacco like a cigar or pipe, even one or two puffs?

- Yes No

2. During the past 30 days, have you smoked a cigarette, or any other kind of tobacco?

- Yes No

3. Do any of your closest friends smoke cigarettes?

- None of them Some of them
 Most of them All of them

4. Do your parents smoke cigarettes?

- None Both
 Father only Mother only
 I don't know

The next few questions are about e-cigarettes (including mods and vape pens) and vaping. E-cigarettes include brands such as JUUL, blu, Suorin, NJOY, V2, 21st Century Smoke and others.

Vaping includes JUULing or puffing or ripping and other forms of using an e-cigarette.

5. Have you ever vaped, even one or two puffs?

- Yes No

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6. During the past 30 days, have you vaped?

- Yes No

7. During the past 30 days, on how many days did you vape?

- 0 days 1 or 2 days
 3 to 5 days 6 to 9 days
 10 to 19 days 20 to 29 days
 All 30 days

8. What device did you use to vape? (select all that apply)

- JUUL blu
 Suorin NJOY
 V2 I don't vape
 Other

Please specify: _____

9. Did your vape contain nicotine?

- Yes No I don't know

	Definitely Yes	Probably Yes	Probably Not	Definitely Not
10. Do you think you will vape in the next year?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11. Are you curious about what it would be like to vape?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12. If one of your best friends offered you a vape, would you try it?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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Do you agree with the following statements?

	Strongly Agree	Agree	Disagree	Strongly Disagree
13. I would enjoy vaping.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14. Vaping would help me to deal with problems or stress.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15. Vaping will help me make new friends.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16. Vaping would make me wake up and feel energized.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17. Vaping would make it harder for me to play sports.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18. Kids who vape look older.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19. Most kids my age vape.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20. Most kids in high school vape.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

The remaining questions ask about your knowledge about e-cigarettes.

21. How many high school students do you think have vaped in the past 30 days?

- | | |
|-------------------------------|------------------------------------|
| <input type="radio"/> 0-20% | <input type="radio"/> 21-40% |
| <input type="radio"/> 41-60% | <input type="radio"/> 61-80% |
| <input type="radio"/> 81-100% | <input type="radio"/> I don't know |

	True	False	I don't know
22. Nicotine is addictive and harmful to the body.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
23. When you are addicted to something, you lose control.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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24. Are e-cigarettes more, equal or less harmful than combustible cigarettes?

- | | |
|--|---|
| <input type="radio"/> E-cigarettes are <u>more</u> harmful than combustible cigarettes | <input type="radio"/> E-cigarettes are <u>equally</u> harmful than combustible cigarettes |
| <input type="radio"/> E-cigarettes are <u>less</u> than combustible cigarettes | |

True False I don't know

- | | | | |
|--|-----------------------|-----------------------|-----------------------|
| 25. E-cigarette vapor contains mostly water. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 26. Most e-cigarettes, including JUUL, contain nicotine. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 27. Most sweet, candy and fruit flavored e-cigarettes contain nicotine. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

28. How much nicotine is in a JUUL compared to other E-cigarettes?

- | | |
|--|--------------------------------------|
| <input type="radio"/> More than other e-cigarettes | <input type="radio"/> About the same |
| <input type="radio"/> Less than other e-cigarettes | <input type="radio"/> I don't know |

29. Which of the following is NOT a main part of e-liquid (or e-juice)?

- | | |
|------------------------------------|---|
| <input type="radio"/> Water | <input type="radio"/> Flavoring chemicals |
| <input type="radio"/> Nicotine | <input type="radio"/> Propylene Glycol |
| <input type="radio"/> I don't know | |

True False I don't know

- | | | | |
|---|-----------------------|-----------------------|-----------------------|
| 30. It is illegal for teens under 18 to use e-cigarettes. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 31. Direct pressure is advertising that everyone knows is paid for by the tobacco or e-cigarette industry on billboards, magazines, television, and on the internet. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

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	True	False	I don't know
32. Indirect pressure is advertising that hides who paid for the advertising and often doesn't even look like advertising.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

33. Which of the following is NOT a smart exit strategy refusal strategy?

- | | |
|---|--|
| <input type="radio"/> Just say no! | <input type="radio"/> Stand tall with nonsmoking friends |
| <input type="radio"/> Put someone down for using e-cigarettes | <input type="radio"/> Add some humor |
| <input type="radio"/> I don't know | |