

Bucks County Drug & Alcohol Commission, Inc.

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Bucks County Drug & Alcohol Commission, Inc. (BCDAC, Inc.)
Provider Meeting
Tuesday, January 17, 2023
1:00 PM- 2:30 PM

Meeting Minutes

Welcome

1. Agenda

Family Service Presentation

1. Services offered:
 - a. Holiday Drive
 - b. Coat drive
 - c. School Bag Drive
 - d. Food Pantry
 - e. 200 volunteers
2. Offices in Langhorne, Bristol, Levittown, and Richboro (Call Center)
3. Programs & Services
 - a. Mental health/Substance Use Treatment
 - i. Case Management
 - ii. Counseling
 - iii. DUI
 - iv. OP Services
 - v. MAT
 - b. Call Center
 - i. Housing Link
 - ii. Helpline
 - iii. Suicide Prevention
 - c. Family Strengthening
 - i. Recovery
 - ii. Parenting
 - iii. Food Pantry
 - iv. LINKS Family Unification
 - d. HIV/AIDS
 - i. Case Management
 - e. Homeless Services
 - i. Shelter

- ii. Housing link via Call center
 - iii. Street Medicine Program
- 4. Family Service: 215-757-6916
- 5. FSA Intake: 215-757-6916 ext. 159
- 6. COE Harm Reduction Education
 - a. OP Education for Tx, RH, Sobriety
 - b. No Insurance Barriers
 - c. Program will cover current trends.
 - i. Xylazine & Fentanyl
 - d. Identifying Overdoses
 - e. Incarceration and Substance use
 - f. HIV/STDs
- 7. Questions:
 - a. Can you explain Families in Recovery program?
 - i. For individuals starting in recovery and parenting. CYS involvement.
 - b. Is there any chance Family Service has a pet watch/foster program for people entering Treatment who do not have anyone to watch pets?
 - i. No current foster program for pets.
 - c. How can someone donate clothing to program?
 - d.

AOC Case Manager – Tara Fitch

- 1. Tara is Direct Case Management for Individuals covered by SCA Funding.
- 2. Support for individuals with complex needs
- 3. Referral link for Case Management Follow up for Tara.

BC-ROC Moving to REDCap – Brian Wilson

- 1. Moving Application to REDCap effective 2/1/2023.
- 2. Info Sessions/Training for new application.
- 3. Link on BCDAC website to application

Drug Trends/Xylazine Resources

- 1. Most reported Substance is Alcohol for the past two Quarters (Sept through Dec 2023)
- 2. What Trends have providers Noticed?
 - a. FSA Noticed Niazine
 - b. Increased Myocarditis and the effect it has on overall wellness
 - i. COVID? Poly-Substance?

Core Training and Other Reminders

- 1. Trainings
 - a. Xylazine: The New Drug Additive presented by Savage Sisters
 - b. Zeroing on Xylazine presented by Boston Medical Center
- 2. Xylazine Resources
 - a. Philadelphia Department of Public Health Substance Use Prevention and Harm Reduction Update 12/8/2022
- 3. Core Training Reminder

- a. Anyone doing LOCA or reviews will need all Core trainings completed.
- b. Core trainings include:
 - i. Addictions 101
 - ii. Substance Use Confidentiality
 - iii. Case Management Series
 - 1. Case Management Overview
 - 2. Case Management Skills Training
 - iv. Screening and Assessment
 - v. Motivational interviewing
 - vi. The ASAM Criteria, 2013
 - vii. Note: If core trainings are not completed within 365 days, the staff member will not be able to complete county assessments until all trainings are complete and LOCA completed after the 365 days are subject to non-payment.
- 4. DDP Motivational Interviewing: Advancing the Practice
 - a. 5 Session Training Feb 2,9,16,23, March 2
 - b. Contact BCDAC by January 19th, 2023.
- 5. HIV & Viral Hepatitis Clinical Foundations
 - a. February 15, 2023, from 9am – 12pm
- 6. Traumatic Brain Injury & Lunch
 - a. January 27, 2023, from 12pm-1pm
 - b. Trainers: Monica Vaccaro, MS, CBIS & Madeline DiPasquale, PhD, CBIST
- 7. TREM/MTREM
 - a. January 20, 2023, at 12 pm
 - b. February 17, 2023, at 12pm
- 8. ASAM Transition
 - a. February 6, 2023, at 10 am
 - b. Every first Monday at 10 am unless it's a holiday.

New GPRA Tool Updates/Discharge GPRA Reminder

- 1. New GPRA tool has been created.
- 2. All protocols will remain the same.
- 3. Implementation of new tool will begin January 21, 2023.
 - a. Intakes
 - b. Follow ups.
 - c. Discharges
 - i. Completed Treatment
 - ii. AWOL/AMA/AFA
- 4. New GPRA will be in REDCap Link

Reminder: Stepdown from IP to OP

- a. First Appt at time of stepdown should be billed as Individual and not LOCA.

AOC P&P Updates

- 1. Alert will be sent to confirm receipt of Policies and Procedures with sign off.

Presentation: YWCS Healthy Horizons by Nicole Martorella

1. Free 12-week health and wellness center for nutrition and wellness.
 - a. Coping with stress, emotions, build stronger connections with ourselves and others.
2. Participants receive complimentary membership.
3. Funded by donor dollars.
4. Who is eligible?
 - a. Anyone with Mental health diagnosis verified by therapist. Recommendation required.
 - b. Substance use Disorder will need 60 days of sobriety time (required)
 - c. Must be 18 or older.
 - d. Participants will need their own form of transportation.
5. Programming
 - a. One in person meeting required each week.
 - i. Group Fitness in Doylestown, Warminster and Fairless Hills
 - b. One zoom required each week.
 - i. Wednesdays at 6pm Zoom Meetings to discuss education based on weekly goals.
6. Each week has a specific theme.
 - a. Training Principles, Nutrition, Stress management, etc.
 - b. Childcare Available for ages 3 months through 6th grade.
7. 3 Seasons: Winter, Spring, and Fall.
 - a. Required attendance One in person and one Zoom per week.
 - b. Attendance Policy: 3 or more unexcused absences will result in unenrollment from program.
8. Following Graduation
 - a. After 12-week program completion
 - i. Free T-Shirt
 - ii. Group Connections and YMCA Membership for 3 months
 - iii. Alumni Nights

| Winter 2023 Schedule | | | | |
|--|---|----------------------------|---|----------------------|
| Monday | Tuesday | Wednesday | Thursday | Friday |
| | Virtual Office Hours from 11-11:30am | | | Fairless Hills 7-8am |
| Doylestown, in-person from 12-1pm | | | Warminster, in-person from 12-1pm | |
| Fairless Hills, in-person from 6:30-7:30 | | Zoom county-wide, 6-7pm | Warminster in-person from 6:30-7:30pm | |

Please note: schedule is subject to change with each session

Wrap-up

1. Next Meeting March 14, 2023, from 1-2:30pm
2. Resources Presentation: TBD
3. Provider Presentation: Pyramid & Veterans Program